

 Huu-ay-aht First Nations

2025 ANNUAL PEOPLE'S ASSEMBLY

SATURDAY, NOVEMBER 22, 2025

 10 a.m. |  Port Alberni Athletic Hall

DEPARTMENT & PROJECTS INFORMATION SESSION

FRIDAY, NOVEMBER 21, 2025

 12 - 7 p.m. |  Port Alberni Athletic Hall



www.huuayaht.org



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ANCIENT SPIRIT, MODERN MIND

HAPPY BIRTHDAY

*Based on Anacla
Citizen data base list

*Deegan Nookemus
November 10*

*Theresa Peters
November 10*

*Dawn Gallant
November 22*

*Phillip Dennis Jr
November 23*

*Vanessa Young
November 23*

*Richard Nookemus
November 24*

*Mia Pye
November 25*

*Cierra Nookemus
November 28*



Huu-ay-aht First Nations

PEOPLE'S ASSEMBLY INFORMATION SHARING SESSION

FRIDAY, NOVEMBER 21

 12 - 7 p.m.  Port Alberni Athletic Hall

12 p.m. - Youth Cultural Opening

12:15 p.m. - Signing Shared Interest Agreement: Huu-ay-aht First Nations, Child and Family Wellness, and Ministry of Child and Family Development

12:30 p.m. - Lunch

1 - 7 p.m. - Information booths from Huu-ay-aht Departments

1:30 p.m. - Opening Remarks for the People's Assembly

Presentations:

Huu-ay-aht Government projects that will help guide government programs, community safety, and treaty implementation:

2 p.m. - Imagination FC: Huu-ay-aht Citizen Survey Project

2:20 p.m. - Alberni Valley Restorative Justice Society Presentation

2:40 p.m. - Port Alberni RCMP Indigenous Policing Services Presentation

3 p.m. - Tribunal Project Update

3:20 p.m. - Research Project: tašii?akqin ?uyaqhmisukqin (Our Journey, Our Story): Huu-ay-aht Perspectives on Treaty Implementation Update

Huu-ay-aht Government projects that will help strengthen Huu-ay-aht lands and natural resources:

3:40 p.m. - Parks Canada: West Coast Trail Unit of Pacific Rim National Park Reserve Update

4 p.m. - The Firelight Group: Land Use Amendments Project

Huu-ay-aht First Nations businesses and Economic Partnership that will help build self-reliance for the Nation:

4:20 p.m. - Huu-ay-aht Group of Business: Annual Update

4:40 p.m. - Huu-ay-aht & Forum Partnership: Framework Plan Adoption and next steps

5:30 p.m. - Dinner


6 - 7 p.m. - Culture

If you have any questions or would prefer to receive your materials by email, please contact peoplesassembly@huyuayaht.org




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 Huu-ay-aht First Nations

2025 ANNUAL PEOPLE'S ASSEMBLY

SATURDAY, NOVEMBER 22, 2025

 10 a.m. |  Port Alberni Athletic Hall

VENDORS REGISTRATION

SIGN UP NOW! Scan the code for the form.
Space is limited: one table per vendor



www.huuayaht.org



Huu-ay-aht Vendors!

Please fill out the vendor form if you want to sell some artwork, handmade clothes, or something else. Please also know as a vendor, it is your responsibility to supply your cash float for yourself. Lastly, depending on how many vendors register, you may only be guaranteed half a table. Space is limited. No sales can be made during the meeting, we ask that transactions be made during breakfast, lunch, and dinner.

VENDORS REGISTRATION FORM:

<https://huuayaht.org/peoples-assembly-vendor-form/>

Huu-ay-aht Schedule

Oct - Nov 2025

Sundays	Port Alberni: Culture Night	2:30 - 5 p.m.	3747 Church St. Port Alberni
Mondays	House of Huu-ay-aht Culture Night	7 - 9 p.m.	House of Huu-ay-aht
Nov. 7 & 17	Women's Circle	10 a.m. - 12 p.m.	Port Alberni HFN Government Office
Wed. Nov. 12	Bamfield Community School Annual General Meeting	5 p.m.	Bamfield Community School
Sat. Nov. 15	Oysters, Authors and Ale	6 p.m.	Bamfield Marine Sciences Center RIX
Tues. Nov. 18	Women's Making Connections, 18+ yrs	10 - 11:30 a.m.	ʔumʔiiqsu Centre, CFW Boardroom
Thurs. Nov. 20	Dental Therapist	10 - 2:30 p.m.	Anacla Government Office
Fri., Nov 21	People's Assembly; Department and Projects Information Session	12 - 7 p.m.	Port Alberni Athletic Hall
Sat., Nov. 22	PEOPLE'S ASSEMBLY	10 - a.m.	Port Alberni Athletic Hall

Youth Program Schedule

With Jacquie Dennis

Nov 2025

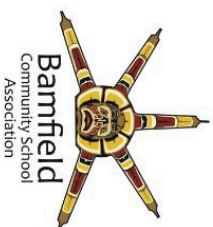
Sundays	Beach Walk	Ages 5 - 7	11 a.m.	Soaring Eagle, Anacla
Mondays	Anacla: Culture Night	All Ages	7 - 9 p.m.	House of Huu-ay-aht
Tuesdays	Soaring Eagle Drop in	All Ages	2 - 6 p.m.	Soaring Eagle, Anacla
Fridays	Frybread Friday	All Ages	11 - 3 p.m.	Soaring Eagle, Anacla
Mon., Nov 17	NTC drop in Harry Potter Theme	Youth 12 +	7 - 9 p.m.	Soaring Eagle, Anacla
Mon., Nov. 24	NTC drop in Hot chocolate, board games	Youth 12 +	7 - 9 p.m.	Soaring Eagle, Anacla



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NOVEMBER 2025 COMMUNITY CALENDAR



SUN

MON

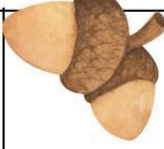











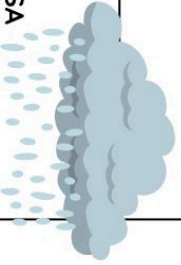
TUE

WED

THU

FRI

SAT

 <p>2</p>	<p>3</p> <p>School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm Pottery Class BCS ~ 6:30 - 8:30 pm Adult Volleyball BCS ~ 7 - 8:30 pm</p>	<p>4</p> <p>School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Yoga BCS ~ 5 - 6 pm Pottery Class BCS ~ 6:30 - 8:30 pm Adult Basketball HOH ~ 7:30 pm - late</p>	<p>5</p> <p>School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm Dance Workout BCS ~ 5:30 - 6:30 pm</p>	<p>6</p> <p>School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Drop-In Collage Art BCS ~ 5:30-7:30 Adult Ball Hockey HOH ~ 7:30 pm - late</p>	<p>7</p> 	<p>8</p> 
<p>9</p> 	<p>10</p> <p>Non-instructional day, No School Pottery Class BCS ~ 6:30 - 8:30 pm Adult Dodgeball BCS ~ 7 - 8:30 pm</p>	<p>11</p> <p>Remembrance Day, No School Pottery Class BCS ~ 6:30 - 8:30 pm Adult Basketball HOH ~ 7:30 pm - late</p>	<p>12</p> <p>School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm Dance Workout BCS ~ 5:30 - 6:30 pm</p>	<p>13</p> <p>School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm French Hour BCS ~ 5:30-6:30 <i>Bonjour</i> Adult Ball Hockey HOH ~ 7:30 pm - late</p>	<p>14</p> 	<p>15</p> <p>Oysters, Authors, & Ale BMSC ~ 5:30 - 10:30 pm</p> 
<p>16</p>	<p>17</p> <p>School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm Adult Dodgeball BCS ~ 7 - 8:30 pm</p>	<p>18</p> <p>School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Yoga BCS ~ 5 - 6 pm Adult Basketball HOH ~ 7:30 pm - late</p>	<p>19</p> <p>School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm Community Lunch BCS ~ 12 - 1 pm Dance Workout BCS ~ 5:30 - 6:30 pm</p>	<p>20</p> <p>School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm French Hour BCS ~ 5:30-6:30 Adult Ball Hockey HOH ~ 7:30 pm - late</p>	<p>21</p> 	<p>22</p>
<p>23</p> 	<p>24</p> <p>School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm Pottery Class BCS ~ 6:30 - 8:30 pm Adult Indoor Soccer BCS ~ 7 - 8:30 pm</p>	<p>25</p> <p>School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Pottery Class BCS ~ 6:30 - 8:30 pm Yoga BCS ~ 5 - 6 pm Adult Basketball HOH ~ 7:30 pm - late</p>	<p>26</p> <p>School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm Dance Workout BCS ~ 5:30 - 6:30 pm</p> 	<p>27</p> <p>School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Knitting Class BCS ~ 6 - 8 pm Adult Ball Hockey HOH ~ 7:30 pm - late</p>	<p>28</p> <p>Youth Friday Night Chill BCS 6 - 8 pm</p> 	<p>29</p> 
<p>30</p> <p>Community Christmas Potluck HOH ~ 4pm</p> 	<p>Calendar Notes:</p> <ul style="list-style-type: none"> Learn more about our events by checking our Website or Facebook page, or by emailing the BCSA! You can buy a ticket for Oysters, Authors, and Ale at the Market, the Bamfield Mercantile & Marine, or at the BCSA 					



DENTAL THERAPIST

Melanie Braker FNHA



huuayaht

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November 20, 2025
Anacla Government Office

Hourly Appointments available
between 10 a.m and 2:30 p.m
(Bamfield road schedule dependent)

If you would like to book a cleaning or
check-up, please call Kristen Young
or Kimberley Nookemus
at 250-728-3414



ATTENTION IMPORTANT

Anacla!

A Contractor will be replacing septic fields in Lower Anacla over the next two to three weeks. Heavy equipment will be used and transported around Lower Anacla.

There will also be Geotechnical work on the Pachena Riverbank and Bamfield Main Road over the next week and a half by Engineers.

If there are questions or concerns, contact Kaal at kaal.h@huuayaht.org



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THE BAMFIELD COMMUNITY SCHOOL ASSOCIATION'S ANNUAL GENERAL MEETING



Please join us at the Community School on
Wednesday November 12 at 5 pm,
for lively conversations about the needs and
wants of our community.
Help support our planning for the coming year!

We are seeking passionate folks from all walks of life to join our wonderful **Board of Directors!** Board Members attend a monthly meeting to support and guide the BCSA's activities, and get involved at some of our programs & events.

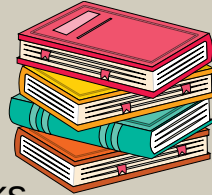


Bamfield
Community School
Association

Give a Book, Take a Book

Visit the community Book Exchange in Anacla!

The shelf is set up in the Anacla Office, between the entrance doors.



If you have gently used books you'd like to share, please bring them to the Anacla Office.

Everyone is welcome to give a book, take a book, and enjoy the exchange!

WINTER IS COMING...

Contact HUU-AY-AHT infrastructure team for any Anacla housing maintenance requirements or firewood delivery.



Huu-ay-aht Dance Practice

HOUSE OF
HUU-AY-AHT

Mondays
7 - 9 p.m.

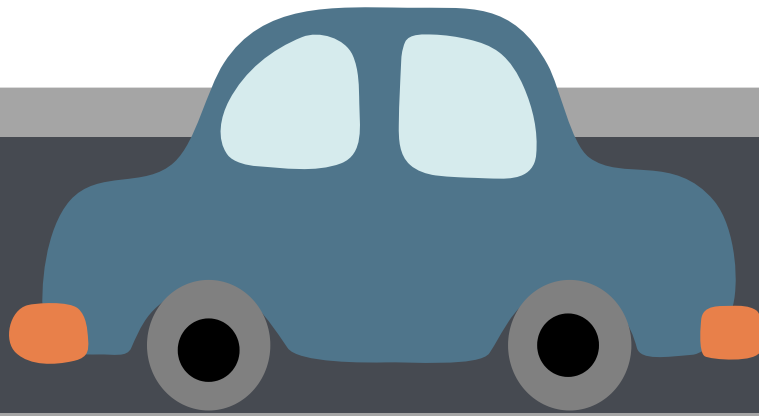
**Bring your shawls
and drums!**



**Anacla
Men's Healing
Circle**

SOARING EAGLE

Contact Cory Howard Sr.
for dates and times:
250--728-3414



Get your Learner's Licence!

Get your Learner's (L) licence before Thursday, December 18, by 4 p.m. and be entered to win \$100 Cash!

To be entered into this draw, please submit a photo of your yellow page licence!

Book today at <https://www.icbc.com/>

To be entered in the draw, please contact Brent at brent.r@huyuayaht.org



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WOMEN CIRCLE

Mondays, November 3, 10, 17 and December 8 and Wednesdays, November 26 & December 3

10 a.m. - 12 p.m.
(Snacks Provided)

Huu-ay-aht First Nations Port Alberni Government Office (4644 Adelaide St.)

This six-week program is designed to create a safe, culturally grounded, and empowering space for Huu-ay-aht women to come together in healing, strength, and sisterhood—honouring their stories and voices while addressing different issues that affect their well-being and community.

If you are interested or have questions, please contact Irene at 250-735-0948 or 250-723-0100.

Register for Grass Weaving

Tuesday, October 7
&
Wednesday, October 8

1 - 4:30 p.m.

Port Alberni Government Office

Each 2-day workshop has a limited amount of seats available, 15 per group. Register to claim your spot!

For more information and to register, contact **Rena Johnson**, rena.j@huyuayaht.org, 250-723-0100



Getting Information on Treaty Implementation

This survey is designed to assess citizen satisfaction with the information available on Huu-ay-aht First Nations' treaty implementation work. Your feedback will help guide how Huu-ay-aht can better meet citizen needs moving forward.

Participants can opt in to be entered into a draw for a **\$50 gift card** by providing their legal first and last name in the last question on the survey. If you leave it blank, you will not be entered, and your survey will remain anonymous.

The deadline to complete the survey is Monday, November 24, 2025.

Link: <https://forms.office.com/r/RwLS4qLP8K>



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Huu-ay-aht First Nations Economic Development Act (EDA) & Governance and Fiscal Agreement (GFA)

**Chance to
win \$50 Visa
Gift Card**

Draw every 15
submissions



QUICK SURVEY

Long-Term Vision

Let's build an economy that reflects our values, priorities, and people. With upcoming changes to the Economic Development Act, your voice is more important than ever.

**Please take 5 minutes to complete the survey —
your input can guide the next generation.
Deadline to submit, November 7, 2025**

Scan the code to access the form!



SCAN HERE



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Get in Our Canoe and Let's Paddle Together!

ʔaaʔaayiśahapʔaɫin (we have lots to do)

A reminder that the **Land Use Amendments Project is ongoing!** This project includes updates to the following Huu-ay-aht Regulations:

1. **The Land Use Plan**
2. **The Zoning Regulation**
3. **The Development and Building Permit Regulation; and**
4. **The Residential Lease Regulation:**

Huu-ay-aht Land Use Amendments Project

ʔaaʔaayiśahapʔaɫin (we have lots to do)



Hiśuk ma cʔawak

(everything is one)

Lend Your Voice and Let's Paddle Together!

We continue to launch our Sequence of Mini Surveys called:

Seeds for Thought




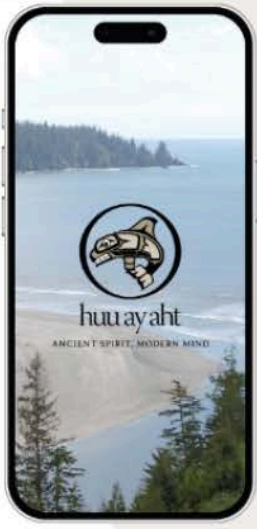
Each survey is just 5 questions & The Next Survey is up until November 14!

MEMBERS OF
**HUU-AY-AHT
FIRST NATIONS**

**NEVER MISS
AN UPDATE**

GET THE APP

The app uses state-of-the-art technology to notify HFN members of breaking news, documents, videos, and events, instantly delivered via push notifications.

HOW TO GET THE APP

1. **DOWNLOAD**
Scan the QR code above or visit the App Store or Google Play Store and Search 'Huu-ay-aht First Nations'
2. **REGISTER**
Fill out your info and check your email to verify your account.
3. **LOG IN**
Get the latest news, events, jobs, & more right at your fingertips!

- NEWS
- EVENTS
- SURVEYS
- JOB OPENINGS

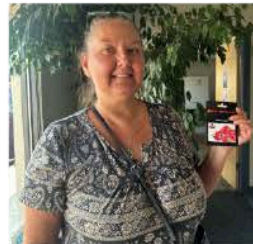
Download the free app today

This is your opportunity to help shape the future of Huu-ay-aht lands and

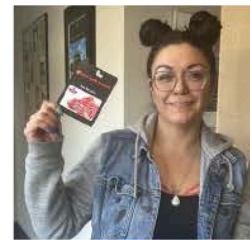
Win a \$50 gift card!

A gift card is up for grabs with each new mini survey released!

We have already had 2 Mini Surveys & 2 winners:



1st Survey Winner
Valeria MacDonald



2nd Survey Winner
Laura Johnson

Take the 3rd Mini Survey through the HFN App or the HFN website.

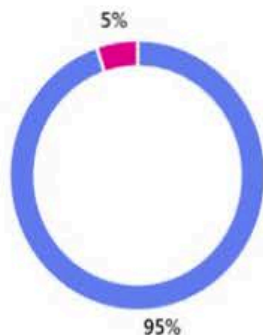
THE RESULTS FROM THE 2nd MINI SURVEY ARE IN!



HERE ARE THE RESULTS OF THE 2nd MINI SURVEY

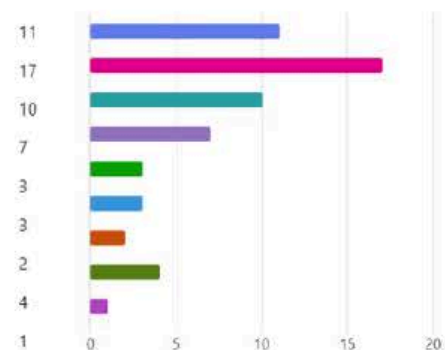
1. Are you a Huu-ay-aht Citizen?

- Yes 55
- No 3



2. Where do you live?

- Anada 11
- Port Alberni 17
- Parksville/Qualicum 10
- Nanaimo 7
- Courtenay 3
- Duncan 3
- Victoria 2
- Vancouver & Mainland 4
- USA & International 1



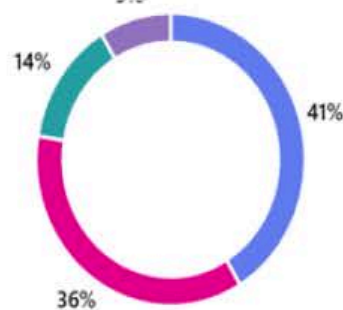
3. When you think about living on the ҺаҺuuli (Traditional Territory), tell us what type of housing should there be? (choose only one)

- Townhouses and apartments would house a lot of people 10
- There should be different kinds of homes so everyone—like families, seniors, and people with less money—can have a good place to live 34
- Everyone should be able to have a house 8
- Homes where grandparents, parents and children can all live together in one place 6



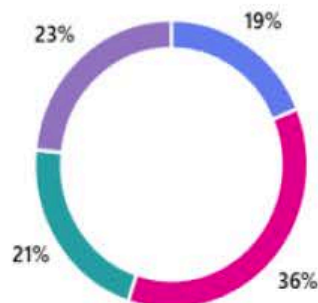
4. When you think about the ҺаҺuuli (Traditional Territory), tell us where do you feel is the most desirable area for development of citizen housing? (choose only one)

- Upper Anacla & Area where there amenities (e.g. shopping) 24
- Sarita Bay (where there are no amenities) 21
- Nuumaquimiyis (where there are no amenities) 8
- Other 5



5. What do you think the biggest barriers to citizens living on the ҺаҺuuli (Traditional Territory) is? (choose all that apply)

- Making sure everyone can find and live in a home 20
- Jobs that help people earn money and support their families. 39
- It's far away or separated from people and places that can help 23
- There are not enough places or services that people need nearby 25
- I don't want to live on the ҺаҺuuli (Traditional Territory) 0



BUT WAIT ~ THERE'S MORE!





WE'RE HOLDING AN IN-PERSON CITIZEN ENGAGEMENT SESSION

NOVEMBER 21, 2025 12- 7 p.m.

AT THE INFORMATION SESSION IN PORT ALBERNI

Lend Your Voice and Let's Paddle Together!



Wondering About All the Ways to Stay Informed and Involved with the Project?

- **Visit the Huu-ay-aht website and app** regularly for updates and opportunities
<https://huuayaht.org/> /[huu-ay-aht-land-use-regulations-amendments-project/](#)
- **Respond to and attend citizen engagement opportunities** to share your thoughts and ideas; and – **Watch for Mini Surveys and Attend the November 21st In-Person Engagement Session!!**
- **Read our newsletter updates** to stay informed!

We Look Forward to Taking This Journey With You

Hišimt (all together)

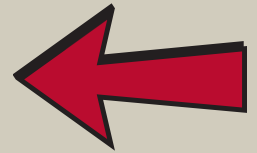
Huu-ay-aht Land Use Amendment Project - Survey #3

ʔaaʔaayišaḥaḥaʔin
(We have lots to do)



Hišuk ma čawak
(Everything is One)

Lend your voice and let's paddle together!



**Survey #3 Deadline:
November 14, 2025**

Scan the QR code to take the quick
Seeds for Thought survey.

**In-person citizen engagement
session:**

**Port Alberni Athletic Hall
Friday, November 21, 2025
12 - 7 p.m.**

MAKING CONNECTIONS

A group for women to come together and grow. Through the creativity of vision board making, we'll spark meaningful conversations about healthy relationships, stress management, effective communication, setting boundaries, and defining what success means to each of us. Together, we'll reflect on our past, embrace our present, and shape our future in a safe and supportive space designed to connect, create, and inspire.

November 4, 18, 25
Time: 10 - 11:30 a.m.

Open to all Nuu-chah-nulth women ages 18+.

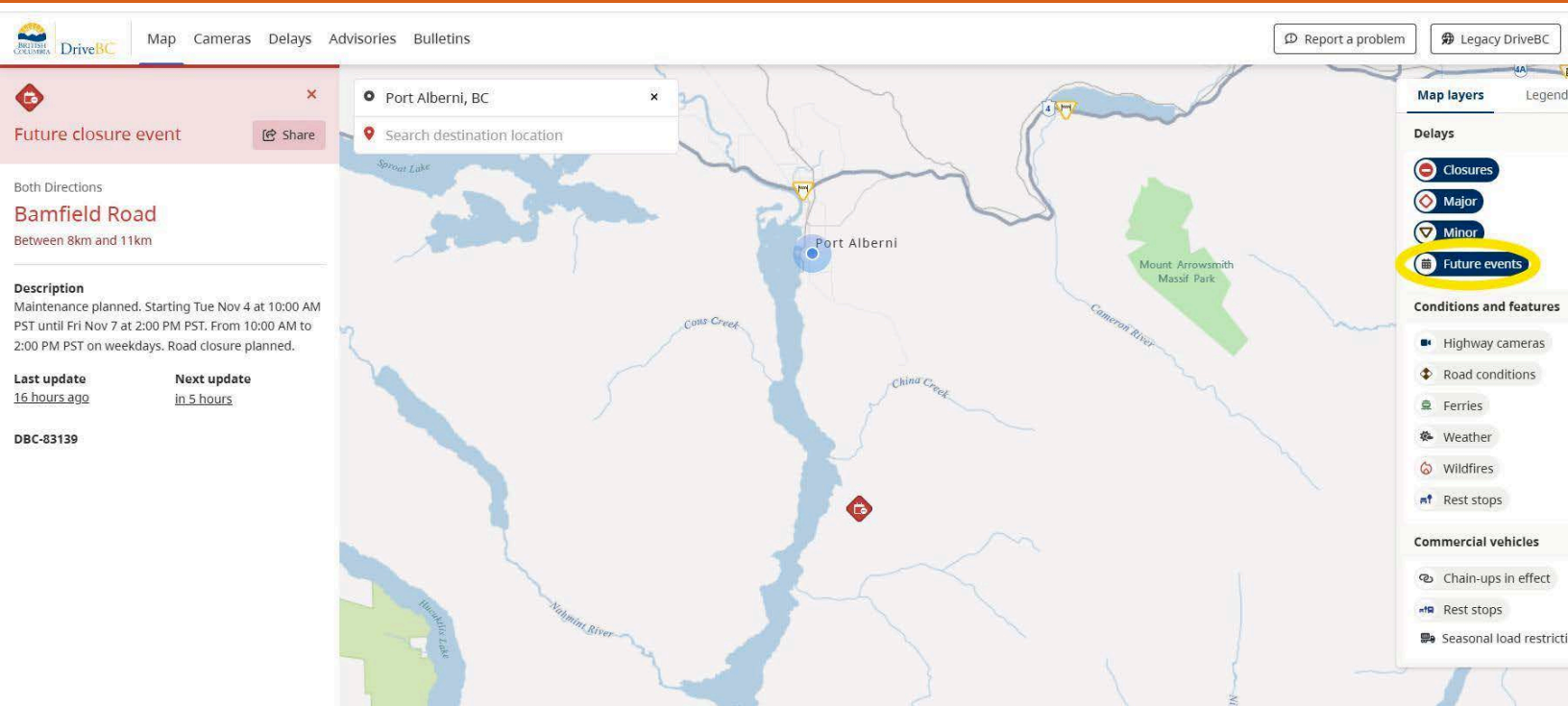
ʔumʔiiqsu Centre, CFW Boardroom

Light snacks and refreshments will be offered.

Contact:

Celine Sauv : celine.s@huyuayaht.org
Call/Text: 250-731-5676

Bamfield Main road closures: How to use DRIVEBC.CA



How to stay up to date on the Bamfield road activity:

1. Visit <https://www.drivebc.ca/>
2. When in the Map, on the right hand side there will be a Map Layers Menu
3. On that menu select "Future Events," this is where you can see planned closures
4. The symbol for scheduled future events is a red diamond with a calendar in it.
5. Click on the symbol to get the info.

Update: Nov 5, 2025
Maintenance planned, Bamfield Road between 8km and 11km
Fri. Nov. 7 to Sun. Nov. 9
9:00 AM to 3:00 PM PST
Single lane alternating traffic in effect. Watch for traffic control personnel.

Check [drivebc.ca](https://www.drivebc.ca/) for future road closure details.

Huu-ay-aht Youth train on and in the water!

Huu-ay-aht Youth participated in Marine training day that took place in the waters around Bamfield.

Training on water included vessel docking, towing, anchoring boats, safety, planning for a day on the water, weather checks, and navigation.

The crew included Victoria Williams, Seth Nookemis, Zyliss Dick, Kevin Peters and Stephen Smith



Huu-ay-aht First Nations youth Victoria Williams, Vanessa Young, Zyliss Dick, and Seth Nookemus and Dan Zayonc also participated in Swiftwater Rescue Technician course which took place in Nanaimo, October 20 - 22, 2025.

The Guardians and Fisheries technicians use this valuable training for their work along rivers and streams to protect hikers and steward salmon.



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ANCIENT SPIRIT, MODERN MIND

Spawning Chum salmon at Sugsaw Hatchery

The Huu-ay-aht Fisheries crew is spawning Chum salmon at the Sugsaw Hatchery to grow juveniles for release in the spring, to ensure the health of the Sugsaw Creek population.

Below left to right: Tom Joe, Scott Cheyne, Clifford Nookemus, Vanessa Young, Victoria Williams, and Abi Andiel.



UNITED WAY'S

School's Out Program



**WITH THE BAMFIELD COMMUNITY
SCHOOL ASSOCIATION**

School's Out is a fun and engaging after-school program for children ages 6–12, designed to inspire, support, and spark creativity!

Starting on **Monday, September 8th**, Children will enjoy two dedicated days of programming each week, including an after-school snack and a variety of exciting activities that the kids will look forward to!

GRADES 1-3: TUESDAYS & THURSDAYS
GRADES 4-7: MONDAYS & WEDNESDAYS

3:00PM - 4:30PM AT THE SCHOOL



This program is proudly delivered by the BCSA, in partnership with United Way British Columbia (UWBC) and School District 70 (Pacific Rim).

PROGRAMMING WILL FOCUS ON...

Identity
Development

Community
Engagement &
Land
Stewardship

Skills &
Competencies

Health &
Wellness

Social & Relational
Well-being

Questions? Email Taylor at bcsalitfacilitator@gmail.com

REGISTRATION REQUIRED!



BARKING

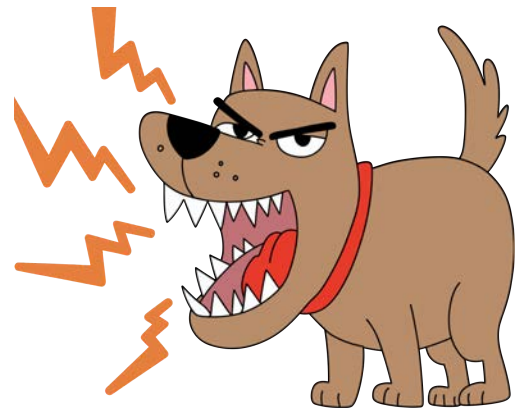
PREVENTING & REDUCING EXCESSIVE DOG BARKING

RECOGNIZING THE PROBLEM

Recognizing a barking problem isn't usually difficult. It either annoys you, your neighbors or both. Dogs bark for many different reasons. Figuring out why your dog is barking is the first and most important step to treating the problem.

Dogs bark for the following reasons:

- Boredom
- Anxiety when alone
- Fear
- Attention-seeking
- Watchdog



TRAINING OPTIONS

Boredom

Smart feeding toys

Keeping your dog occupied by providing toys that make him work for his food will keep him busy for some time. Toys to make him work such as a frozen stuffed Kong or a treat-dispensing toy are the best.

Exercise & mental stimulation

Make sure your dog gets enough daily exercise and mental stimulation. Physical exercise, playing with other dogs and opportunities to do things like sniff are important for a dog. They'll keep him happy and tired. Which means he's more likely to sleep when you're not home rather than bark.

Remember Dogs Are Social Animals

Dogs are social animals and do not do well when they do not have social contact. Backyard dogs can bark out of sheer boredom. Bring your dog indoors and include him as part of the family. This will eliminate the barking caused by social isolation.

Never leave your dog chained in a yard.

It's inhumane for social animals to be kept in isolation. An outdoor dog teased by children or threatened by a dog walking by, will become frustrated which can lead to aggression.

Anxiety When Left Alone

Some dogs bark because they are distressed to be left alone. They have separation anxiety. Separation anxiety is an emotional disorder and must be treated or the barking will not stop even with toys and lots of activity before being left alone.

BARKING

PREVENTING & REDUCING EXCESSIVE DOG BARKING

Fear

Dogs who are afraid of strangers or other things may bark in an attempt to get them to move farther away. Fear is an emotional issue. Your dog will need to be taught that the things that he fears are fantastic as they predict fantastic things. A force-free humane trainer will be able to help with this.

See B.C. SPCA position statement on animal training to help you choose a trainer.

Attention Seeking

Many dogs bark to get attention or to make their guardian "do something" such as take them out or play with them. Dogs do what works and they quickly figure out that barking works to get people to do things.

If you want your dog to stop barking, stop rewarding him for it. Don't throw the ball, open the door, or let him out of his crate if he is barking. Ignore him when he barks put the ball away instead of throwing it, don't let a dog out of his crate unless he is quiet.

Be aware that if you have been rewarding a dog by giving in when he barks the barking will get worse before it goes away. Stand your ground and do not give in, don't let barking work.

Also pay attention and notice when he is quiet. Show him that good things happen when he is quiet. When he sits and is quiet he gets his food bowl put down. If he remains quiet as you take out the ball it gets thrown.



Watchdog

Most dogs bark when a person enters the property or knocks at the door. This is good as he is telling you that someone is arriving.

The way to deal with this type of barking is to teach him to do something that is not compatible with barking. You can teach him to fetch a toy or go to his mat and do a down stay instead. This needs to be trained first without doorbells or visitors. Use tasty rewards and teach him a down stay on a mat and then bring in the doorbell and visitor.

Another way to deal with watchdog barking is to put in place time-outs. This teaches him that any more than a few barks results in time in the "penalty box".

Time outs

After the dog barks a few times say "quiet". On the next bark say "too bad" and immediately give him a time out in the bathroom or another room away from the action. Over time he will learn that barking causes him to be removed from the action and the barking will subside.

You could also do both, if he down stays on his mat he gets a reward but if he barks it is off to the penalty box.

Some dogs bark at every sound or slight change in his environment. These dogs benefit from more exposure to the world so that they can get used to things. Take him out as much as possible and expose him to a wide variety of sights and sounds.

VETERINARY HELP

There may be health reasons why your dog may be barking. Excessive barking can be a sign of separation anxiety. Ask your veterinarian about treatments such as Dog Appeasing Pheromones or Anti Anxiety Drugs. Deaf dogs may become excessive barkers. Liver disease may be a cause of intermittent deafness which results in excessive barking. Geriatric dogs may start barking for no apparent reason because they are confused.

Check with your veterinarian to see if there are any health reasons for the excessive barking.

CAUTIONS/REMEMBER

Electric shock collars are marketed as a device for controlling unwanted behaviour such as barking. These devices cause distress. They are inhumane and should never be used. Citronella spray collars or throwing things at the dog are not recommended either.

Barking is natural behaviour for dogs. It is their form of communication. If your dog barks excessively it is important to determine why he is barking. When you know why you can treat the problem correctly and be sure to never reinforce the barking.

Huu-ay-aht First Nations Online Training

Kim Barthell and her team from Relationship Matters are offering online seminars that the Huu-ay-aht First Nations' Child and Family Wellness Team has purchased for citizens to access.

Citizens will have access to all the seminars for one year and can watch them at their own pace. The access will expire on **February 15, 2026**.

Huu-ay-aht First Nation has created a login for all citizens to access these seminars. If you want to participate, please contact the Child and Family Wellness Team at 250-736-5066 for the login information.

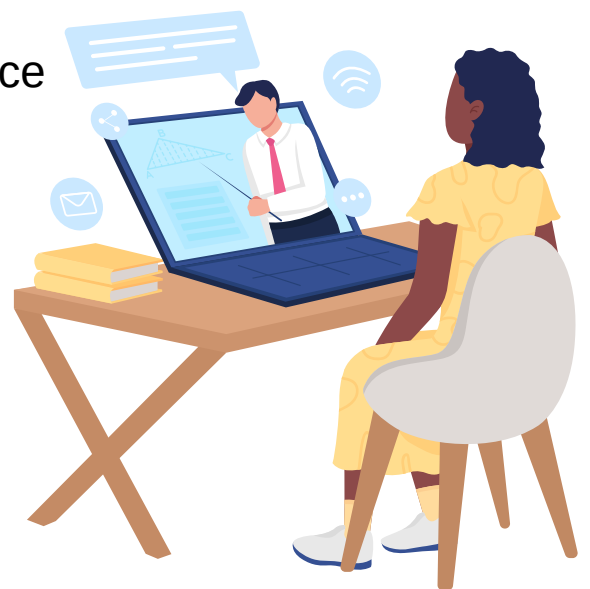
Topics include:

- Becoming a Behavioural Detective: Understanding and Supporting Complex Behaviour
- Conscious Parenting
- Connection and Resilience
- The Impact of Sexual Abuse
- Self-Harm & Suicide
- Aggression in Childhood and Adolescence
- Grief and Loss
- Addiction
- Community of Support



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ANCIENT SPIRIT, MODERN MIND





Patient Travel



Due to some changes in the eligibility for accessing Medical Patient Travel We will require the following documentation upon a Patient Travel request.

For regular appointments to the nearest provider (3-5 days to process)

Check list:

- Confirmation of appointment
- Confirmation of travel arrangements
- Confirmation of attendance, once visit is complete

Transportation

- Standard mode of transportation is by private vehicle and mileage rates
- Francis Barclay is not an approved mode of transportation, if it is the only way to and from Medical appointments, will then need to do as a Benefit Exception to FNHA for approval (5-7 days to process)
- Taxi Service will need to be submitted as a Benefit Exception to FNHA for approval (5-7 days to process)

For Specialists or Service Providers outside of the nearest provider (5-7 days to process)

Check list

- Confirmation of appointment
- Referral to the Specialist from your General Practitioner, Dentist or Optometrist
- If not nearest provider please note that we will be submitting to FNHA for approval though the Benefit Exception process (5-7 day process)
- Confirmation of travel arrangements
- Confirmation of attendance , once visit is complete.

Dental

- Dentist appointments are considered a day trip, please book appointments to allow time to get to and from in one day.
- If referred to a Oral Specialist you will need to send appointment confirmation and referral so we can do a Benefit Exception to FNHA for approval

Please contact Kimberly Nookemus, kimberly.n@huuayaht.org, or anyone from the Health team, 250-728-3414, to ensure all information is given correctly and plans are in place.

Patient Travel & Direct Deposit

Did you know Patient Travel funds can be sent through EFT

(Electronic Funds Transfer)?

If you're interested in using this service, please provide your Direct Deposit form from your bank to Finance. If your Direct Deposit form is already on file for another purpose, please inform the Finance Department, 250-723-0100, that you would like it to be used for this service as well.

For all other Patient Travel inquires, please contact Kimberly at kimberly.n@huuayaht.org or 250-728-3414

What is covered?

Mileage Rate

As of April 1, 2025, the permanent mileage rates will be:

Standard Mileage Rate:

- \$0.29 per kilometre

Special Mileage Rate (for remote communities, as specified in their Funding Agreements):

- \$0.35 per kilometre



Medical Transportation Benefits



First Nations Health Authority
Health through wellness



The Medical Transportation Benefit is intended to help you access medically necessary health services not available in your community of residence.

This may include coverage towards the cost of travel, meals, and accommodation. If you need help getting to or from your appointments, your Medical Transportation Benefits may also cover the cost of an escort to travel with you.

What my plan covers

You can access Medical Transportation Benefits for travel to access health services, including the following:

- Services eligible under First Nations Health Benefits (e.g., dental, vision, etc.).
- Medical services covered by the BC Medical Services Plan or a public health agency (e.g., cancer related travel).
- Publicly funded diagnostic tests and preventative screening programs.
- Traditional healers, if approved as an Exception.
- First Nations Health Authority funded Treatment Centres for substance use, recovery, and trauma programs.
- Witnessed ingestion of Opioid Agonist Treatment.

What my plan does not cover

Some types of travel that are not covered include, but are not limited to:

- Travel back to your community of residence if you become ill during non-medical related travel.
- Travel to pick up prescriptions, glasses, or medical supplies and equipment that do not need to be fitted (e.g., off the shelf braces).



For additional information on current Medical Transportation rates, escort eligibility, documentation or required travel forms, scan the QR code to visit fnha.ca/benefits/medical-transportation.



How Do I Access Coverage?

Where you access the program depends on what Nation and/or community you are from and where you live.

If you live in community, please contact your community's Patient Travel Clerk to access your Medical Transportation Benefits.

If you live outside your community, or are unsure who to contact for your travel, please call us at **1-855-550-5454**.

1

Submit your travel request and your written confirmation of appointment at least five business days before your trip to get prior approval.

2

Your Patient Travel Clerk or First Nations Health Benefits will send you your travel arrangements.

3

Attend your appointment as scheduled and get a signed Confirmation of Attendance Form from your Provider.

4

Submit your Confirmation of Attendance Form to your Patient Travel Clerk or to First Nations Health Benefits.

Some requests may require additional documentation, such as an Escort Form or referral letter. First Nations Health Benefits or your Patient Travel Clerk can guide you through this process.



For more detailed information about your Medical Transportation Benefits, please scan the QR code to access the Medical Transportation Client Guide or call **1-855-550-5454**.



Patient Travel



Mileage Rate

As of April 1, 2025, the permanent mileage rates will be:

Standard Mileage Rate:	\$0.29 per kilometre
Special Mileage Rate (for remote communities, as specified in their Funding Agreements):	\$0.35 per kilometre

Meal Rates

Effective December 2, 2024, meal rates will change as reflected in the table below:

Fee schedule for meal rates		
Rate type	Previous rate	Updated rate <i>effective December 2, 2024</i>
Daily rate for same-day trips lasting more than six hours.	\$17.00 per person	\$35.50 per person (5+ years)
		\$17.00 per person (under 5 years)
Nightly rate for overnight trips up to six (5+ years) nights in duration.	\$68.00 per night per person	\$70.50 per night per person (5+ years)
		\$29.00 per night per person (under 5 years)
		\$30.00 per night per person (under 5 years)
Weekly rate for overnight trips of seven nights or more.	\$283.00 per week per Client	\$283.00 per week per Client
		\$425.00 per week per Client and approved escort*
		\$425.00 per week per Client and approved escort*

***Note:** The weekly rate of \$425 per week is an inclusive rate for the Client and escort and applies only when the Client is an outpatient. An approved escort supporting a Client in the hospital will continue to access the weekly rate of \$283 per week.

Income Assistance Notice

Community members who need to apply for Income Assistance or renew as a client of the program have the following responsibilities (Section 1.3 of Income Assistance Policy)

- To conduct themselves in a prompt, courteous and respectful manner.
- To actively seek work and attend programs, training and sessions as directed.
- If employable, to actively seek work. Clients must be available for any job they are capable of.
- To have or promptly apply for a social insurance number and to provide the appropriate identification for themselves and other family members as required.
- To provide all necessary information to the Social Development Worker and sign the application form.
- To pursue any other income that they may be entitled to, for example, employment insurance benefits, workers compensation, family maintenance, or spousal support.
- To first use any assets and income before seeking assistance from the Income Assistance Program.
 - To take personal responsibility for becoming self-supporting.
 - To be involved in the process of establishing eligibility for their benefits.
- To provide documentation to support their application when requested. All documentation is subject to verification. Clients providing false information will be subject to criminal charges.

Clients who meet any of the following criteria are not eligible for IA benefits: (Section 2.2 of Income Assistance Policy)

Healthy, employable, able-bodied persons between 19 and 55 years, who do not seek employment or accept available suitable employment, education, or training.

- a. Persons who quit work, except with just cause.
- b. People who are terminated from their job because they did not comply with reasonable job requirements (for example, by not showing up for work).
- c. People who do not apply for Employment Insurance (EI) benefits, or who are disqualified from EI benefits because they failed to comply with program requirements.
- d. A person who receives an unforeseen fortune or substantial monetary gain.
- e. People who do not submit Monthly Renewal Forms as required.
- f. Persons with monthly income or assets more than the allowable maximum (see 2.5, Income and Exemptions).

2025 payment schedule

~~January 15, 2025 (for February 2025)~~

~~February 19, 2025 (for March 2025)~~

~~March 19, 2025 (for April 2025)~~

~~April 16, 2025 (for May 2025)~~

~~May 21, 2025 (for June 2025)~~

~~June 25, 2025 (for July 2025)~~

~~July 23, 2025 (for August 2025)~~

~~August 27, 2025 (for September 2025)~~

~~September 24, 2025 (for October 2025)~~

~~October 22, 2025 (for November 2025)~~

~~November 19, 2025 (for December 2025)~~

~~December 17, 2025 (for January 2026)~~

THE HALLUCINATION



TOUR

THE KCC

PORT ALBERNI

4090 HOLLYWOOD ST.

NOVEMBER 8

7:30 P.M.

\$35 | FIVEACRE.TICKIT.CA | 19+

The Bamfield Community School Association Presents
OUR 13TH ANNUAL FUNDRAISER

Oysters, Authors & Ale

Saturday, November 15th

at the Bamfield Marine Sciences Centre, RIX
Doors Open: 5:30pm, Event Begins: 6pm

FEATURING:

Talented Local Writers & Poets
Author David Giblin

Beer supplied by **Twin City Brewing**
Oysters grown & shucked by **Nova Harvest**
Snacks from **The Bamfield Wreckage**
A Fabulous Silent Auction

TICKETS ON SALE NOW!

Available at the **Bamfield Mercantile & Marine, the Market** or
at the **Bamfield Community School Association**

\$30 Tickets Include:

2 Oysters • 1 Door Prize Ticket • 1 Beer

Email: bcsalifacilitator@gmail.com / managerbcsa@gmail.com

Phone/Text: **250-728-1220**

With heartfelt thanks to our sponsors and partners:





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