



WE WILL BE
CLOSED
For the holidays!

CLOSED

Monday, December 23, 2024 - Friday, January 3, 2025

REOPENING

Monday, January 6, 2025



huu ay aht

ANCIENT SPIRIT, MODERN MIND

HAPPY BIRTHDAY

*Based on Anacapa
Citizen data base list

Andrea Lucas
December 1

Christine Robinson
December 2

Linnea Bowes
December 2

Edward Johnson Sr.
December 4

Johnathon Durocher
December 9





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Huu-ay-aht Citizen Distribution

Huu-ay-aht citizens will receive a \$500 distribution

Citizens will receive direct deposit Friday, December 6, 2024

If you wish to have it direct deposited on Friday, December 6, please get your direct deposit form in as soon as possible, and make sure your current mailing address is up to date.

If you do not already have your direct deposit set up with the Nation or have your address up to date, the deadline for direct deposit application and address update forms is: Wednesday, December 4 at 3:30 p.m.

How to update your address?

1. <https://huuayaht.org/forms/change-of-address-form/> or,
2. Call the Port Alberni Government Office (Monday - Friday, 8:30 a.m. - 4 p.m.) at 250-723-0100 or,
3. Visit one of the Huu-ay-aht Government Offices

How to set up direct deposit?

1. Visit your bank or online banking app and request a Direct Deposit Form
2. Fill out form found at <https://huuayaht.org/forms/> and send to eileen.u@huuayaht.org
3. Visit one of the Huu-ay-aht Government Offices to get form

Important - Please Note:

1. Canada Post is currently on strike. Huu-ay-aht is currently working on a plan to have a pick up option and will share more details soon. We encourage direct deposit if you wish to receive your distribution on December 6, 2024.
2. Minors' distributions will be deposited in their trust fund
3. We are unable to release cheques to anyone except the payee under any circumstances
4. Please refer to the Distribution Administration Policy at <https://huuayaht.org/government/legislation/>

Direct Deposit Form Notice

Direct Deposit form are to be completed by you with your personal banking information only. We can not deposit other people's distribution into your bank account unless a Power of Attorney document is provided to us.

If you have a question about Citizen Distribution, please contact Finance at 250-723-0100.

Online Seminars Hosted by Kerri Isham

These online seminars are being offered to support parents in discussing sensitive topics of sexuality with their children. Child and Family Wellness are organizing these dates. To register or for more information, please contact Christine Pearson at christine.p@huuayaht.org or 250-723-0100

6 must have conversations with your (pre) teen

Tuesday, January 21, 2025

12 - 3 p.m.

Online

RSVP by Friday, January 17, at 4 p.m.

Healing and Resiliency

Thursday, February 13, 2025

12 - 3 p.m.

Online

RSVP by Monday, February 10, at 4 p.m.

Huu-ay-aht Schedule



December 2024

Thursdays	Anacla Free Shuttle Rides	11:30 A.M. - 1 P.M.	Anacla
Sun., Dec. 1	Anacla Culture Night	2:30 - 5:00 P.M.	House of Huu-ay-aht
Mon., Dec. 2	Men's Group with Cory Howard Sr.	5 - 7 P.M.	Soaring Eagle
Mon., Dec. 2 - Wed, Dec. 4	Anacla Chimney Cleaning	By Appointment	Anacla & Sarita
Tues., Dec. 3	Morning Beading	8 A.M. - 4 P.M.	Anacla Government Office
Thurs., Dec. 5	Soap Making Workshop	4:30 - 7 P.M.	House of Huu-ay-aht
Sat., Dec. 7	Winter Wonderland Skate	1:30 - 3:30 P.M.	Alberni Valley Multiplex
Sun., Dec. 8	Port Alberni Culture	2:30 - 5 P.M.	3747 Church St.
Mon., Dec. 9	Men's Group with Cory Howard Sr.	7 - 9 P.M.	3747 Church St.
Tues., Dec. 10	Morning Beading	10:30 - 12:30 P.M.	Anacla Government Office
Thurs., Dec. 12	Executive Council Meeting	10:30 - 2 P.M.	Zoom/Anacla Government Office
Sun., Dec. 15	Holiday Dinner by ḥaw̓iiḥ	4 - 7 P.M.	House of Huu-ay-aht
Mon., Dec. 16	Men's Group with Cory Howard Sr.	5 - 7 P.M.	Soaring Eagle
Wed., Dec. 18	Wellness Drop-in	10:30 A.M. - 12 P.M.	Port Alberni Government Office
Mon., Dec. 23 - Fri., Jan. 3	All Huu-ay-aht Offices are Closed for Winter Break	8:30 A.M. - 4 P.M.	Huu-ay-aht Government Offices

NTC Health Department in Anacla



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Wednesday

December 4

- Clinical Nurse Leader, Marion
- Quu?asa, Irene R

Thursday

December 5

- Clinical Council, Irene C
- Early Years Outreach Worker, Debbie N

Wednesday

December 11

- Clinical Nurse Leader, Marion
- Community Health Nurse, Claudette

Thursday

December 12

- Early Years Outreach Worker, Debbie N
- Cultural Support, Lee
- Child & Youth Mental Health Counsellor, Leah

Wednesday

December 18

- Clinical Nurse Leader, Marion
- Community Health Nurse, Sam
- Quu?asa, Irene R & Ann

Thursday

December 19

- Child & Youth Mental Health Counsellor, Leah

Monday

December 23 - January 6

NTC is closed for the holidays. Reopens on Monday, January 6

Contact

If you have any questions regarding a service, please contact Kimberly Nookemus at 250-728-3414 or kimberly.n@huuayaht.org or Kristen Young at 250-728-3414 or kristen.y@huuayaht.org



Opening Soon!

The ʔumʔiiqsu Centre will be opening on January 1/25 and we are now accepting applications. Please visit <https://huuayaht.org/oomiiqsucentre/> to fill out an online application or to print and submit. Alternatively, please contact Chelsie Jacob, Manager of ʔumʔiiqsu Centre at oomiiqsuanager@huuayaht.org or Shannon Zimmerman, Director of umʔiiqsu Centre, Shannon Zimmerman at shannon.z@huuayaht.org.

Please Note: Monday, December 2 – Friday, December 13, we will be doing staff training and onboarding to ensure the provision of high-quality services that are delivered in a culturally sensitive, trauma-informed manner. Please email Chelsie or Shannon and we will respond within 24 hours.

On Monday, December 16, we will be returning to the office; our receptionist Tiana will be happy to direct your calls.

About the ʔumʔiiqsu Centre:

In the 2017 Huu-ay-aht First Nations Social Services Project Report, "Safe, Healthy, and Connected: Bringing Huu-ay-aht Children Home," Recommendation 26 highlights the establishment of a Mother Centre, modelled after the Vancouver Aboriginal Mother Centre.

Centered around the Sacred Principles the ʔumʔiiqsu Centre is a unique and culturally centered program designed to keep families together, protect mothers and children from gender-based and intimate partner violence, and to prevent Huu-ay-aht and other Nuu-chah-nulth children and youth, from going into foster care, and to ultimately strengthen families.

About the ʔumʔiiqsu Child Care Centre:

The Child Care Centre will be an integral part of services offered at ʔumʔiiqsu Centre, providing quality early childhood education, as well as opportunities to strengthen parent-child relationships and parenting skills. We will have room for 8 children ages newborn – 3 and 16 children ages 3 -5 years. Our childcare philosophy is rooted in respect, care, and inter-connectedness. We strive to create a nurturing environment where families can thrive together, guided by the Indigenous principles of wisdom and reconciliation to ensure our children will grow up safe, healthy and connected.

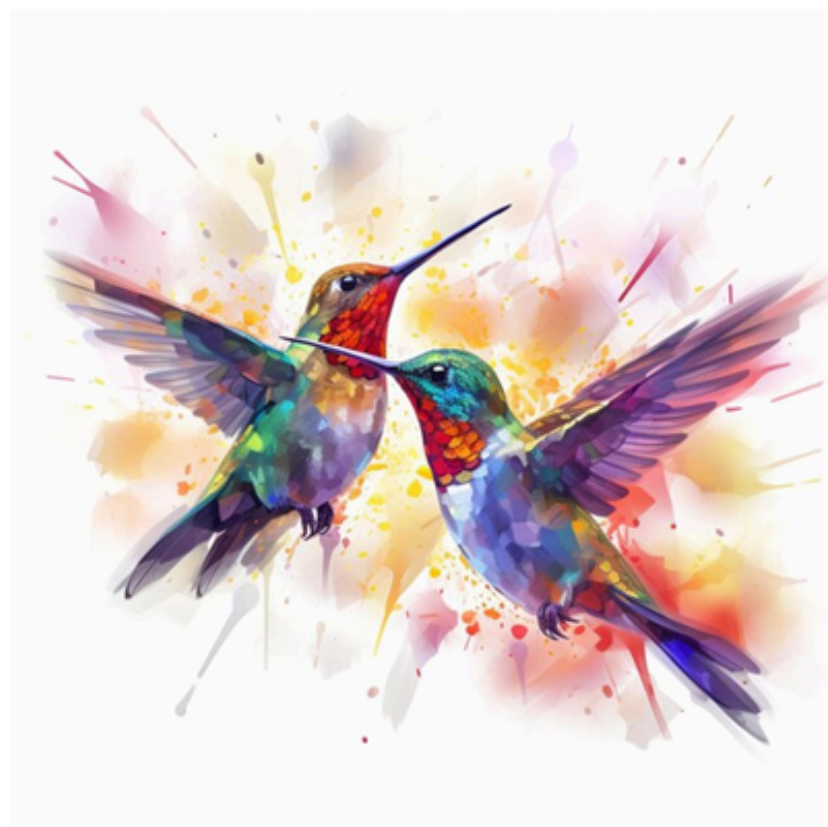
ʔumʔiiqsu Child Care Centre acknowledges it is an Aboriginal Head Start Program supported by funding from the Aboriginal Head Start Association of British Columbia (ahsabc.com)





Teechuktl Nuuchah-nulth Tribal Council
Invites you to the Workshop

Healthy Communication Skills



In this workshop you are going to learn about what is healthy communication?, How does healthy communication look like in relationships, its importance, we will share some tips to address conflict, and more.

DATE: THURSDAY, DECEMBER 5, 2024

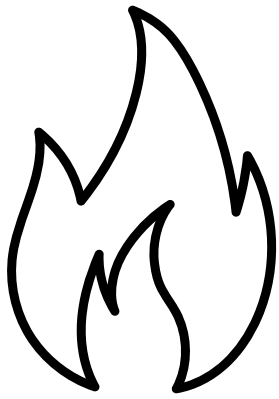
TIME: 11:00 A.M. TO 2:00 P.M.

LOCATION: ANACLA GOVERNMENT OFFICE
BOARDROOM

The ability to communicate is the ability to connect, and that's what building relationships are all about." — T. Robbins



Facilitator: Irene Cordero MA, MC, RCC (She-Her)
NTC Clinical Counsellor



IMPORTANT NOTICE

Tree falling and slash burning to occur

We are expecting to begin site clearing for the Cultural Center before the end of the month. This first phase is the preparation for the building and will have tree falling, and slash burning along with road building. The site will be located between Anacla and Bamfield on HFN Treaty Settlement Lands beside the community forest. The entrance for the site will have advanced warning for vehicle and pedestrian traffic as outlined by Ministry of Transportation and Infrastructure.

This phase could last until mid to late January 2025 depending on the site. HFN expects to do as minimal burning as possible and will follow the Burn Index guidelines provided by the Province .

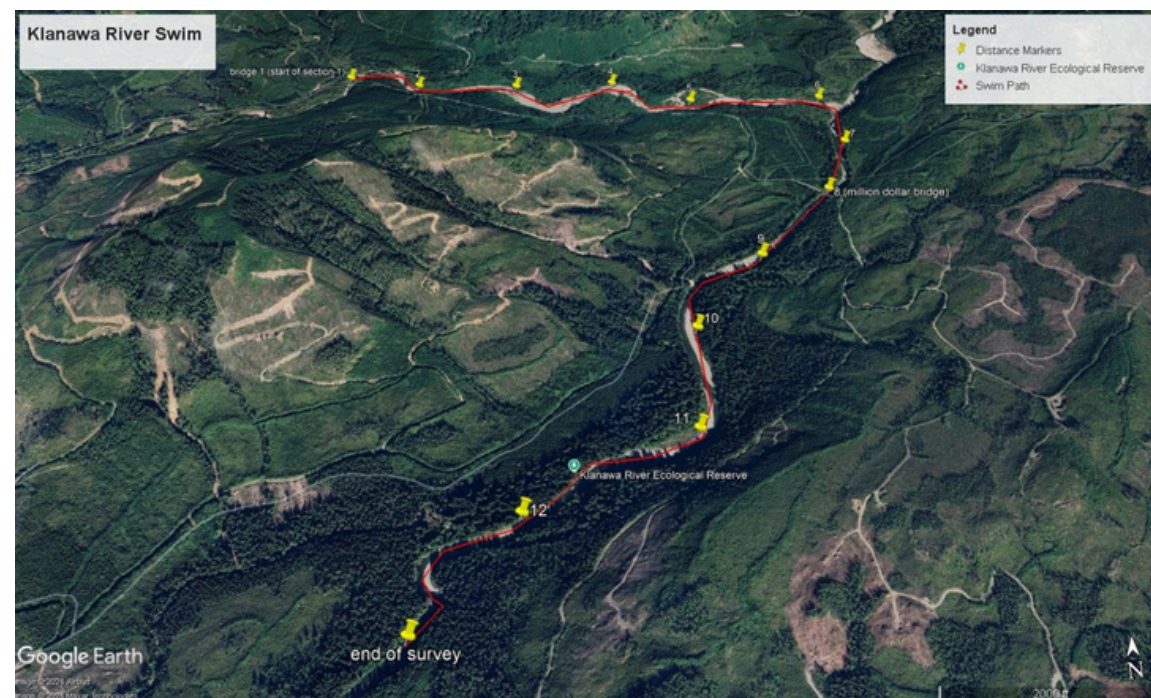
The project itself will have an expected completion date of March 2026.

If you have questions or concerns please contact projectmanager@huuayaht.org or call 1-250-735-7837.

Fisheries Team Escapement Surveys: Klanawa River

Every fall, the Fisheries Team completes a swim and stream walk surveys to monitor the salmon returns to the Huu-ay-aht Hahuulii. These surveys are an important method of tracking our salmon population health, so we can plan restoration, enhancement and research to ensure these returns are here for years to come.

This year, staff have completed surveys on Sarita, South Sarita, Pachena, Rousseau, Sugaw, Frederick and have started a new focus on the Klanawa River. In the past, this river hosted thousands of returning Coho and Chum, but large returns like these have not been seen in a couple decades. Last year, the Fisheries Team completed two swims, only seeing about 100 coho and no chum. This prompted a renewed interest in what these returns looked like today, and what species might they see.



This season, staff have completed 4 full snorkel swims of this 7 kilometre stretch.

Staff have seen around 500 coho, 1 chum, and 12 pink salmon in this system this year, with more fish likely present in other inaccessible areas. Staff have also been working with Parks Canada Biologists to collect E-DNA samples, to test for the abundance of presence of all our Salmon species at different points along this river.

The long-term goal is to understand why our returns to this system have decreased, and make efforts to bring our escapement numbers back up. These initial surveys will help create an understanding of how our fish are currently using this river, and what restoration efforts we may be able to make to help them.

Huu-ay-aht First Nations Spend time with West Coast Spill Response Corporation

On Wednesday, October 30, Sean, Carter, and Stephen joined the crew of the West Coast Spill Response Corporation (WCMRC) on their Vessel to observe the deployment and testing of a Geographical Response Strategy (GRS) created for Santa Maria Island near the Sarita River estuary. These plans help WCMRC determine where to place oil booms in the event of an oil spill.

Sean has been working with WCMRC over the past few months to create GRS plans for several important Huu-ay-aht sites across Huu-ay-aht territory that an oil spill could impact.

The HFN crew was impressed by the efficiency of WCMRC's technicians and their well-equipped team and vessels. The WCMRC team was great to work with. They answered all questions we had for them and took the time to understand why these sites are important to Huu-ay-aht.



The Santa Maria GRS is the first of many and Sean is hopeful to engage with Huu-ay-aht Citizens and staff by inviting them on these excursions to see the GRS' tested and to ask any questions they might have for the spill response corporation.



Some Affordable and Thoughtful Gift Ideas for Christmas

By: Petra Barnfield (CFW)

Christmas is a beautiful time of year, filled with festivities, joy and making memories. For many, however, it is also a very stressful time with the pressures of managing finances and giving gifts. Budgeting is tricky for many all year round, but Christmas can make it even harder to experience the joy because of this. With some creativity and imagination, there are many great ideas that we can make or buy for very little to create some amazing gifts for our family, friends and loved ones. The best gifts don't cost a lot of money. The best gifts are the ones from the heart that give us love and time.

The old saying, "It's the thought that counts," still holds true today. Don't go into debt for Christmas; be kind to yourself and consider some of the following ideas! Personalized cards. Tell them what makes them special and what you love about them.

- Home made jams/jellies
- Home made cookies/fudge/bars
- Special photo(s) in a frame
- Pre-measured jars/canisters with ingredients and recipe
- Homemade candles/bath bombs
- Homemade soaps/lotions/salves
- "Vouchers" (homemade gift cards) for different things you can do for them, e.g. one night of babysitting, car wash, manicure, pedicure, massage, house cleaning, dog walking etc.
- Hand made items (knit, crochet, sew etc.)
- Hand made art (painting, drawing, sculpting)
- Favourite book with special bookmarker
- Plants (propagate one that you already have)
- Coffee/lunch/dinner date
- Hamper of special interest items (ie. Art supplies for kids, movie night basket etc.)
- Play an instrument or dance/sing for your loved ones. Entertain them with a "concert"!
- Dollar stores are great for toys and games for kids on a budget.

The possibilities are endless... Use your imagination and above all have fun!

MERRY CHRISTMAS AND A HAPPY NEW YEAR!

DID YOU KNOW?

During each Executive Council meeting, citizens and potential partners will have a minimum of 10 minutes during delegations to share solutions, ideas, and plans, keeping the total time to 30 minutes.

If you would like to bring something forward, please contact Huu-ay-aht's Law Clerk to be put on the agenda and to provide the Law Clerk with the materials.

Executive Council Meetings are every second and last Thursday of each month. You must have your materials to the law clerk 14 days prior to the meeting you wish to be on.

Contact

Email: lawclerk@huyuayaht.org

Phone: 250-723-0100 **Ext.** 111



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ANACLA COMMUNITY CHIMNEY SWEEPING



The chimney sweeping company **J.C. Chimney** will be in Anacla and Sarita between Monday, December 2 to Wednesday, December 4. Please note the infrastructure team will be in contact with citizens to schedule a date and time to ensure that the fireplace will not be used 12 hours prior to cleaning.



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NEED A RIDE?

SHUTTLE SERVICE TO BAMFIELD

- Grocery Runs
- Lady Rose Drop off
& Pick up
- Outpost Drop off

**EVERY THURSDAY
11:30 A.M. - 1 P.M.**

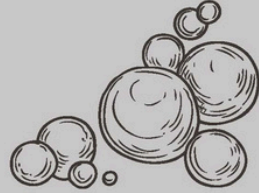
Call the Anacla Government Office at 250-728-3414, or email Vikky at victoria_n@huuayaht.org, or connect on Facebook Message at Vikky HFN Outreachworker

SOAP MAKING WORKSHOP

HUU-AY-AHT WARRIORS & COMMUNITY

December 5, 2024

DURING YOUR WARRIOR WEEKENIGHT



WHAT YOU WILL LEARN:

- ↓ Basic knowledge about soap making
- ↓ Easy steps to make organic soap
- ↓ Tips on how to choose the right ingredients

Everyone Welcome!

Join Cass Hale to learn how to make soap safely to share with your family and community!

Perfect for Christmas Gifts!



🕒 **4:30 PM– 7:30PM**

📍 **House of Huu-ay-aht**

FOR ANY QUESTIONS CONTACT: CARTER BURTLAKE

CARTERBURTLAKE@GMAIL.COM

Holiday

DINNER GATHERING HOSTED BY HAWIIH

**UGLY
SWEATER
THEME**

Sunday, December 15, 2024
The Italian Hall
(4065 6th Ave, Port Alberni)
Doors open at 4 p.m.



Registration is open! Please let us know
you will be attending.

**Deadline to register is
Friday, November 29, 2024**



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Call 250-723-0100 If you need assistance registering.
Note a shuttle will be available to support with travel!



CALLING ALL
HUU-AY-AHT VENDORS TO
PARTICIPATE IN...

HOLIDAY DINNER
GATHERING HOSTED BY
HAWĀIIH

ON SUNDAY, DECEMBER 15.

SIGN UP IS NOW OPEN!
UNTIL FRIDAY, NOVEMBER 29
SPACE IS LIMITED. MUST SIGN UP
MUST BRING OWN TABLE CLOTH



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HUU-AY-AHT FIRST NATIONS

Patient Travel



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Due to some changes in the eligibility for accessing Medical Patient Travel
We will require the following documentation upon a Patient Travel request.

For regular appointments to the nearest provider
(3-5 days to process)

Check list:

- Confirmation of appointment
- Confirmation of travel arrangements
- Confirmation of attendance, once visit is complete

Transportation

- Standard mode of transportation is by private vehicle and mileage rates
- Francis Barclay is not an approved mode of transportation, if it is the only way to and from Medical appointments, will then need to do as a Benefit Exception to FNHA for approval (5-7 days to process)
- Taxi Service will need to be submitted as a Benefit Exception to FNHA for approval (5-7 days to process)

For Specialists or Service Providers outside of the
nearest provider (5-7 days to process)

Check list

- Confirmation of appointment
- Referral to the Specialist from your General Practitioner, Dentist or Optometrist
- If not nearest provider please note that we will be submitting to FNHA for approval though the Benefit Exception process (5-7 day process)
- Confirmation of travel arrangements
- Confirmation of attendance , once visit is complete.

Dental

- Dentist appointments are considered a day trip, please book appointments to allow time to get to and from in one day.
- If referred to a Oral Specialist you will need to send appointment confirmation and referral so we can do a Benefit Exception to FNHA for approval

Please contact Kimberly Nookemus, kimberly.n@huuayaht.org, or anyone from the Health team, 250-728-3414, to ensure all information is given correctly and plans are in place.

CATERING BIDS WANTED

FOR

Date	Type	Location	Size	Submit by	Submit to
Sat., Dec 14	Dinner (traditional-style turkey dinner with ham)	Italian Hall	100-200 People	Sun., December 1 at 12 P.M.	kimmie.m@huuayaht.org

When submitting a bid, please include a detailed menu, bid, and FOODSAFE certificate.

For questions, please contact Kimmie at kimmie.m@huuayaht.org or 250-720-6728.

Income Assistance Notice

Community members who need to apply for Income Assistance or renew as a client of the program have the following responsibilities (Section 1.3 of Income Assistance Policy)

- To conduct themselves in a prompt, courteous and respectful manner.
 - To actively seek work and attend programs, training and sessions as directed.
 - If employable, to actively seek work. Clients must be available for any job they are capable of.
 - To have or promptly apply for a social insurance number and to provide the appropriate identification for themselves and other family members as required.
 - To provide all necessary information to the Social Development Worker and sign the application form.
 - To pursue any other income that they may be entitled to, for example, employment insurance benefits, workers compensation, family maintenance, or spousal support.
 - To first use any assets and income before seeking assistance from the Income Assistance Program.
 - To take personal responsibility for becoming self-supporting.
 - To be involved in the process of establishing eligibility for their benefits.
 - To provide documentation to support their application when requested. All documentation is subject to verification. Clients providing false information will be subject to criminal charges.
- Clients who meet any of the following criteria are not eligible for IA benefits: (Section 2.2 of Income Assistance Policy)

Healthy, employable, able-bodied persons between 19 and 55 years, who do not seek employment or accept available suitable employment, education, or training.

- a. Persons who quit work, except with just cause.
- b. People who are terminated from their job because they did not comply with reasonable job requirements (for example, by not showing up for work).
- c. People who do not apply for Employment Insurance (EI) benefits, or who are disqualified from EI benefits because they failed to comply with program requirements.
- d. A person who receives an unforeseen fortune or substantial monetary gain.
- e. People who do not submit Monthly Renewal Forms as required.
- f. Persons with monthly income or assets more than the allowable maximum (see 2.5, Income and Exemptions).

2024 payment schedule

~~January 17, 2024 (for February 2024)~~
~~February 14, 2024 (for March 2024)~~
~~March 20, 2024 (for April 2024)~~
~~April 17, 2024 (for May 2024)~~
~~May 15, 2024 (for June 2024)~~
~~June 19, 2024 (for July 2024)~~

~~July 17, 2024 (for August 2024)~~
~~August 21, 2024 (for September 2024)~~
~~September 18, 2024 (for October 2024)~~
~~October 23, 2024 (for November 2024)~~
~~November 20, 2024 (for December 2024)~~
~~December 18, 2024 (for January 2025)~~

HUU-AY-AHT CULTURE NIGHTS

PORT ALBERNI
3747 CHURCH ST.
2:30 - 5 P.M.

ANACLA
HOUSE OF HUU-AY-AHT
2:30 - 5 P.M.

Sunday, December 8

Sunday, December 1

There is transportation available for Anacla and Port Alberni residents, to and from Anacla and Port Alberni. Seats are limited. Priority will go to elders, singers, and dancers. Please contact Mel no later than Thursdays at 250-723-0100 or mel.e@huyuayaht.org to secure your seat.

We want to share important information we've received from Indigenous Services Canada regarding potential compensation for food losses during the recent power outage.

If your household experienced a power outage lasting:

- **More than 4 hours**, you may be eligible for a "fridge food" replacement fund
- **More than 24 hours**, you may also qualify for a "freezer food" replacement fund in addition to the fridge fund.



If you lost food due to the power outage and need assistance with replenishing the losses, please connect with Kristen at kristen.y@huyuayaht.org or 250-728-3414

BABY PHOTO CELEBRATION EVENT

CELEBRATING NUU-CHAH-NULTH BABIES

(6-9 MONTHS OLD IN MARCH 2025)

It has been 25 years since banners celebrating Nuu-Chah-Nulth babies were mounted on the walls of Vancouver Island maternity wards and care facilities. Now, it is time for a new generation of treasures to be featured on our walls. 15 babies representing Nuu-Chah-Nulth territories will be chosen for this photo.



THEN



NEW

INTERESTED?

The babies' families will receive a paid honorarium for participation in the photograph event. Each baby will be gifted traditional cedar headpieces and shawls for the photograph, and to take home.

The event will be honored with celebration, prayer, music and food.

CONTACT:

Molly Lucas :
molly.lucas@fnha.ca
250-268-7541

Please respond by
February 1st, 2025

QAANUM (NUU-CHAH-NULTH LANGUAGE)

All newborns are treasures and the sum of all their ancestors.

