



Anacla Fitness Centre

Procedures and Rules

Signing up:

- Fill out and sign Liability Form.
- Youth 14-18 years of age must have a Youth Liability Form filled out by a parent/guardian.
- Persons under 14 years of age must be accompanied by a parent or legal guardian and are prohibited from using ANY of the gym equipment.
- Email liability form to anaclafitness@huuayaht.org
- Once your form is reviewed, you will be emailed a code for the door. This code will be assigned to your name. Do not share your code. The code user access is recorded and you are responsible for it.

Using the Fitness Centre:

- Sign in upon entry.
- Clean equipment after use.
- Put equipment away after use.
- No outside shoes permitted. You must have dedicated inside gym shoes.
- Follow all the rules: do not drop weights on floor, no food or beverages except water, no glass in the Fitness Centre, use equipment at own risk, use equipment respectfully, no horseplay. **Failure to follow these rules will result in loss of access to the Fitness Centre.**
- There is zero tolerance for any type of harassment (i.e. inappropriate behavior/language, bullying, racial comments, etc.)**
- THIS IS AN ALL-INCLUSIVE ENVIRONMENT.** 🌈
- Report any concerns to anaclafitness@huuayaht.org
- Turn TV off when done.
- Turn lights out when done.
- Sign out upon exit.
- Ensure door is locked when leaving.

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