



huu ay aht

ANCIENT SPIRIT, MODERN MIND

**DETOX AND TREATMENT
FINANCIAL SUPPORT POLICY**

Approved by Executive Council
on February 11, 2021 by Resolution #EC210211-04

Detox and Treatment Financial Support Policy

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Purpose

- 1 The purpose of Detox and Treatment Financial Support is to allow HUU-ay-aht citizens and parents or caregivers of minor HUU-ay-aht citizens engaging in problematic substance use to receive appropriate treatment, while making efficient use of the HUU-ay-aht's limited financial resources.

Definitions

- 2 In this policy:

“**applicable Director**” means the Director of the department (either Child and Family Wellness or Community Services) that is responsible for the individual seeking or receiving treatment;

“**care facility**” means a residential treatment, day treatment facility or sober living housing;

“**counsellor**” means a private clinical counsellor, the HUU-ay-aht Clinical Counsellor or a clinical counsellor working for the federal or provincial government;

“**detox**” means an in-patient medical service intended to manage and minimize withdrawal symptoms when an individual stops taking drugs or alcohol;

“**HUU-ay-aht Clinical Counsellor**” means a clinical counsellor working for the HUU-ay-aht government;

“**residential treatment**” means treatment at in-patient facilities providing in-patient treatment, and may include detox as an initial step;

“**funding requirements**” means the requirements set out in section 4;

“**outpatient group**” includes 12 Step programs, such as Alcoholics Anonymous and Narcotics Anonymous, and recovery programs, such as SMART Recovery and HUU-ay-aht Recovery group, whether attended face-to-face or online.

“**problematic substance use**” means the use of drugs or alcohol in ways that have negative effects on a person’s physical, emotional, social and spiritual health and wellness;

“**relapse**” means a resumption of problematic substance use by an individual who has previously undergone treatment and had a period of improvement;

“**sober living housing**” means second stage housing, transitional housing or another safe and sober living environment;

“**treatment and after-care agreement**” means an agreement under section 10;

“**treatment plan**” means a plan for treatment developed collaboratively by the individual who is subject to it, their counsellor and care facility staff;

Eligibility for funding

- 3 Huu-ay-aht citizens and parents or caregivers actively caring for a minor Huu-ay-aht citizens are eligible to receive funding under this policy.

Requirements to receive funding

- 4 (1) In order to receive funding for residential treatment, eligible applicants must:
- (a) demonstrate readiness to enter into treatment, as assessed by a Huu-ay-aht Clinical Counsellor; and
 - (b) sign a treatment and after-care agreement.
- (2) In assessing readiness under paragraph 4 (1) (a), the Huu-ay-aht Clinical Counsellor will consider the following:
- (a) the individual’s demonstration of commitment and desire for change as evidenced at counselling sessions with either the Huu-ay-aht Clinical Counsellor or another counsellor; and
 - (b) the applicant’s attendance at outpatient groups.
- (3) In order to receive funding for detox only, eligible applicants who have experienced a relapse must:
- (a) make direct contact with a Huu-ay-aht Clinical Counsellor, directly or through the applicable Director; and
 - (b) demonstrate readiness and that it is in their best interests to go into a detox facility, to be assessed by the Huu-ay-aht Clinical Counsellor.

Residential treatment facilities

- 5 (1) Subject to availability of funds and subsection (2), Huu-ay-aht First Nations will provide funding for residential treatment to eligible individuals meeting the funding requirements set out in section 4.

- (2) To be funded, the residential treatment must be at a facility located in the same province or state in which the individual receiving treatment ordinarily resides.
- (3) Despite subsection (3), in situations where no appropriate treatment can be found at a facility located in the same province or state in which the individual receiving treatment ordinarily resides or where it is more efficient for treatment to be provided at a facility in another location, the Executive Director may approve funding for such treatment.
- (4) The maximum stay in residential treatment that will ordinarily be funded is 90 days. However, if recommended by the Huu-ay-aht Clinical Counsellor following consultation with the applicable Director, the Executive Director may approve funding for additional time in residential treatment.

Funding for sober living housing

- 6** (1) Huu-ay-aht First Nations encourages that following residential treatment individuals spend time in sober living housing before returning to their home community.
- (2) Subject to availability of funds, Huu-ay-aht First Nations will provide funding for sober living housing for a minimum of 60 days as follows:
 - (a) If the individual is on income assistance and does not have permanent housing, Huu-ay-aht First Nations will top-up the rental portion of the individual's income assistance to cover the cost of the sober living housing;
 - (b) If the individual is on income assistance and has permanent housing, Huu-ay-aht First Nations will pay in full for the sober living housing;
 - (c) If the individual is not on income assistance, Huu-ay-aht First Nations will pay for 60 days of sober living housing and the Huu-ay-aht Clinical Counsellor will encourage and support the individual to apply for income assistance or other available funding such as employment insurance or employee benefits.
- (3) Depending on an individual's particular circumstances, Huu-ay-aht First Nations may provide funding for additional time in sober living housing at the discretion of the Huu-ay-aht Clinical Counsellor in consultation with the applicable Director.

Funding for Additional Therapeutic Costs

- 7** Funding for additional therapeutic costs associated with treatment may be provided at the discretion of the Huu-ay-aht Clinical Counsellor in consultation with the applicable Director and will be considered on a case-by-case basis, taking the entire treatment plan and recommendations of care facility staff into account.

Funding for Travel

- 8**
- (1) Subject to subsection (2), HUU-ay-aht First Nations will provide funding for travel to and from care facilities for which funding is provided under s. 5(1) or s. 5(3).
 - (2) HUU-ay-aht First Nations will not provide funding for return travel for individuals who leave a treatment facility prior to completion of their treatment at that facility.

Funding for Incidental Costs

- 9**
- In situations where an individual in treatment is not receiving a comforts allowance through income assistance, funding may be provided to cover the individual's incidental expenses while they reside in a care facility, at the discretion of the HUU-ay-aht Clinical Counsellor in consultation with the applicable Director and will be considered on a case-by-case basis, taking the entire treatment plan and recommendations of care facility staff into account..

Treatment and After Care Agreement

- 10**
- A treatment and after-care agreement will include the following:
- (1) a treatment plan, including a commitment to spend a minimum of 45 days in a residential treatment facility;
 - (2) an after-care plan, including a commitment to:
 - (a) any arrangements for sober living housing;
 - (b) attend post-treatment programs, counselling and/or outpatient groups or services as outlined in the after-care plan, or as may be collaboratively developed with the HUU-ay-aht Clinical Counsellor and the applicant
 - (c) adhere to any other elements of any discharge plan or treatment exit plan prepared by the residential treatment facility counsellor and/or the HUU-ay-aht Clinical Counsellor;
 - (3) consent for the HUU-ay-aht Clinical Counsellor and other designated staff from the HUU-ay-aht Child and Family Wellness Department and/or the Community Services Department to receive information and updates about the applicant from care facilities and counsellors providing treatment or services related to funding applied for or provided under this policy.